

The OraStretch® Press

CRANIOREHAB.COM
1-800-206-8381



System Overview

HELPING PEOPLE SAY AHHHHH!

Trismus * Radiation Fibrosis * TMJD * Stroke * Ankylosis

The **OraStretch** Press jaw rehab system is a handheld passive motion device for the prevention and treatment of trismus, facial scarring, surgical rehabilitation, pain, and joint dysfunction.



Use it to treat trismus, radiation fibrosis, TMJ dysfunction, and for post-surgical rehabilitation.



Press Versions:

Standard: CR1000

With standard or thicker edentulous pads.

Pediatric: CR1005

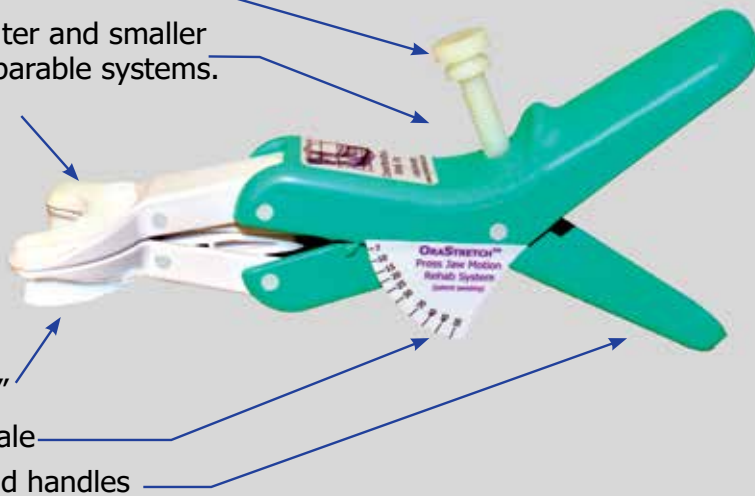
For children under age 10.

Extended: CR1007

Alternative Mouthpiece for improved fit and function

OraStretch Press Features:

- Safety Limit Screw
- Low Profile: 50% lighter and smaller than comparable systems.
- Standard Pad - 1/8"
- Natural rotation to full 50mm adult average
- Edentulous Pad - 3/8"
- Easy to Read Side Scale
 - Sloped easy to hold handles



System Includes:



- OraStretch press
- 4 bite pads (2 sets)
- Safety limit screw
- Patient MIO Scale
- Device Manual
- Getting Started Patient Brochure
- Carrying Case

NEW OraStretch Dynamic Bands:

- 3-pack of silicon bands for dynamic stretching and active resistance therapy.



- Add bands for increased resistance.
 - Overcome therapy plateaus and non-progression.
 - Bite muscle training.
- Product: CR1020

Innovative Features & Benefits:

- Wider opening for improved trismus prevention & recovery to full average ROM.
- Cross-handle design for smaller size and weight that is easier to hold and use.
- Extended version to better fit more patients.
- Lifetime therapy for post-RT trismus.
- 3 Stretching options--hand, dynamic, static.
- Limited Lifetime Warranty.

Ordering:

Call us at **1-800-206-8381** or visit us at www.CranioRehab.com

FREE SHIPPING! Insurance Billing.

We confirm and bill insurance. Discounts provided for non-coverage.

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Practice & Ordering Guide

HELPING PEOPLE SAY AHHHHH!



The OraStretch® press provides a curved, anatomically correct stretch to treat and rehabilitate the jaw and joint, and provides:

- Full natural jaw rotation.
- Small, lightweight size.
- Plastic, reusable MIO scale.
- Hand, dynamic & static stretch.
- Long-term therapy for post-RT.

Versions:	Mouthpieces	Pads	Population
Standard	48 mm across	1/8"	Adults, Children over 10 y.o.
Pediatric	31 mm across	1/8"	Children under 10 y.o.
Extended Bite	Standard, one extended 1/4"	1/8"	Severe over/under bites. Repeated pad pulling.
Edentulous Pads	Use Standard Device	3/8"	Thicker pads can be cut for missing teeth, dentures.

Free Exchanges & Lifetime Warranty! Need a smaller size? Have a jetting bite? Dentures? We provide the right fit, free!

Minimum ROM:
6 mm - Insert side of the mouthpieces.
9 mm - Fully insert mouthpieces.
15 mm - Fully insert with pads.

OraStretch Press Features:

- Safety Limit Screw

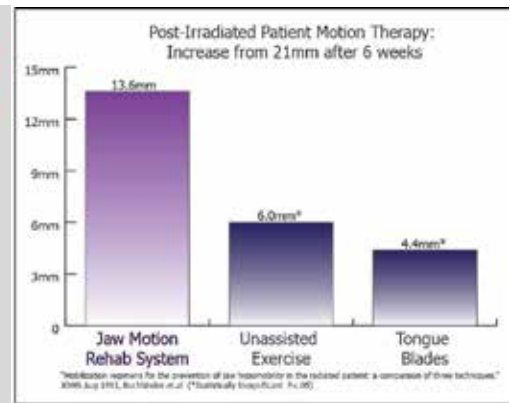
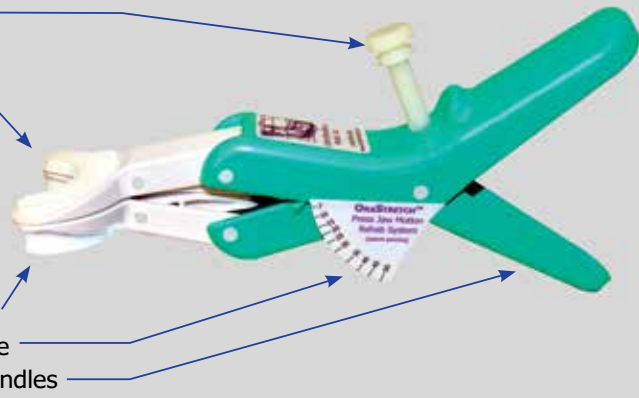
- Standard Pad - 1/8"

- ROM to full adult average

- Edentulous Pad - 3/8"

- Easy to Read Side Scale

- Sloped easy-to-hold handles



Jaw motion rehab systems are significantly more effective to increase jaw motion and range.

Recommended Protocols: **How hard to stretch?** The patient should feel a light stretch, a 3-4 on a 10 point scale, and NO sharp pain. Overstretching can lead to tissue spasms or tears and may further inhibit rehab and function.

Protocol:	Benefits:	Recommended for:	Instructions:
3-5-30 Trismus Passive Stretch	Trismus Prevention, Increased ROM.	Trismus, Radiation trismus, Fibrosis, Scarring.	- 3 Stretching sessions each day. - 5 Stretches per session. - 30 sec hold of each stretch.
7-7-7 TMJ Passive Stretch	Joint function, tissue molding.	TMJ dysfunction, Arthritis, Post-surgical rehab	- 7 Sessions of 7 stretches for 7 secs each day.
Dynamic Stretch with Bands	Trismus therapy & prevention. No squeezing.	Overcome therapy plateau. Patients unable to squeeze handles.	- Squeeze handles, place 1 band on handle. Insert mouthpieces between teeth. Release. Hold 5mins. - Remove. Add second band. Reinsert. Hold 5 mins. - Build up to 30 mins with 3 bands, 3-times per day.
Static Stretch with Bands	Trismus treatment. Increased ROM. No squeezing.	Overcome therapy plateau. Patients unable to squeeze handles.	- Turn limit screw to fully closed. Add 3 bands. - Insert, turn limit screw to open to light stretch. - Hold 30 mins. Repeat 3-times per day.
CRAC 5-5-30 (Contract-Relax with Antagonist Contract)	Aggressive increase in ROM (Caution: Very aggressive. Do not use right before activity, e.g eating.)	Aggressive rehab of severe trismus. Strength, control training. (Not recommended for children.)	Do the 5-5-30, replacing one session with CRAC: - Insert, partially open device, bite down 20 secs. - Open the mouth wide on own for 20 secs. Relax. - Stretch with device for 20 secs. - Relax for 60 secs. Repeat 2 more times.
Muscle Spasms and strength	Muscle function	Muscle Spasms, Increasing bite strength. Also see CRAC protocol.	- Daily, one session of 10 "bites", or during spasm. - Insert and open to 15mm. - Bite down and hold for 10 seconds.

Indications: Radiation Fibrosis, Cancer, TMJD, Clenching/Grinding, Surgical Rehabilitation, Trauma, Trismus, Arthritis, Scleroderma, Stroke, Burns.

Contraindications: Mandible or Maxilla bone fracture, bone weaknesses or infections, osteomyelitis, or osteonecrosis of the jaw.